



3RD ANNUAL STATE CONFERENCE OF THE
TELANGANA ARTHROSCOPY SOCIETY

TASCON 2026 Hyderabad

Debate · Discuss · Decide

Advancing Arthroscopic Excellence



CONFERENCE DATES

18 – 19 July 2026



VENUE

Hotel Daspalla · Hyderabad



SCAN TO REGISTER

tascon2026.com/register

IN ASSOCIATION WITH



INDIAN ARTHROSCOPY SOCIETY



TELANGANA ORTHOPAEDIC
SURGEONS ASSOCIATION



TWIN CITIES ORTHOPAEDIC SOCIETY



INDIAN CARTILAGE SOCIETY



FROM THE ORGANIZING COMMITTEE

UNDER THE LEADERSHIP OF

Welcome to Hyderabad.

It is our distinct pleasure to welcome you to TASCON 2026 — the 3rd Annual State Conference of The Telangana Arthroscopy Society.

This year's conference brings together renowned international and national faculty, distinguished surgeons and passionate learners under one roof in the vibrant city of Hyderabad.

Over two transformative days, we will explore cutting-edge techniques, witness live surgeries, engage in thought-provoking panel discussions and participate in hands-on workshops — from video techniques and re-live surgeries to paper presentations and quiz sessions.

We are committed to fostering innovation, collaboration and excellence in arthroscopic care. This conference is not just about advancing our surgical skills — it is about building lasting relationships and strengthening our medical community.

We look forward to welcoming you to Hyderabad and creating an unforgettable experience together.

— The Organizing Committee
TASCON2026 • TelanganaArthroscopySociety



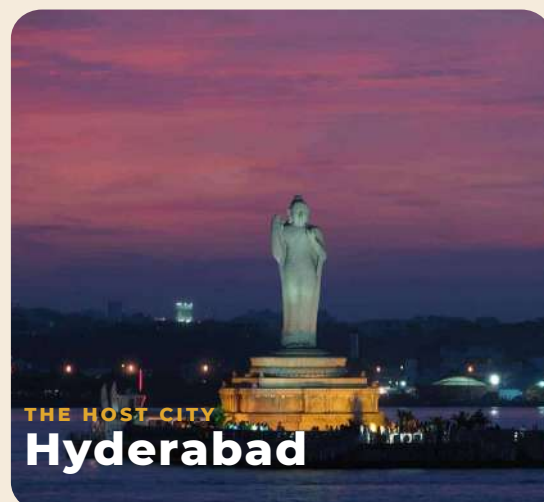
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FOUNDER-PRESIDENT



Dr. Sunil Apsingi
PRESIDENT



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CONFERENCE SECRETARY





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— IN ASSOCIATION WITH

Under the **Aegis of.**



IAS Indian Arthroscopy Society



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TOSA Telangana Orthopaedic Surgeons Association



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TCOS Twin Cities Orthopaedic Society



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SESI Shoulder & Elbow Society of India



Dr. Raman Kant Aggarwal
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National Faculty.

Leading arthroscopy & sports medicine surgeons from across India joining us for live surgeries, lectures and panel discussions.



**Dr. Abhijit
Wahegaonkar**



**Dr. Arvind Prasad
Gupta**



Dr. Bhushan Sabnis



Dr. Chirag Thonse



Dr. Deepak Goyal



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Dr. Sarthak Patnaik



**Dr. Siva Kumar
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**Dr. Sridhar
Gangavarapu**



**Dr. T. V. Ramana
Murthy**



THE PROGRAMME

Refining Skills. Redefining Outcomes.

2DAYS OF
LIVE LEARNING**400+**EXPECTED
DELEGATES

JULY

18 – 192026 ·
HYDERABAD

CONFERENCE HIGHLIGHTS

01 Live Surgeries

Operative cases streamed live from the OR

02 Re-Live Surgeries

Edited case studies with expert commentary

03 Panel Discussions

Expert debates on contentious calls

04 Best Paper & Poster

Awards & recognition for original research

05 Hands-On Workshops

Hands-on training

06 Quiz & Gala Dinner

Networking, competition & an evening to unwind

**Register & submit abstracts at tascon2026.com**

18 – 19 July 2026 · Hotel Daspalla, Jubilee Hills, Hyderabad

DEBATE · DISCUSS · DECIDE



DAY 1 · 18 JULY 2026 · SATURDAY · MORNING SESSIONS

Knee & Sports Medicine.

A Hall A · Knee **B** Hall B · Papers, Orthobiologics, Wrist & Elbow Halls A & B run in parallel

8:30 – 9:00

A Knee Arthroscopy — Getting the Basics Right

Scope, Camera, Action - Basics of Arthroscopy Systems · Sterilisation, Disinfection of Instruments - What does the evidence say? · Knee Arthroscopic Portals: Small Holes, Big Consequences

9 – 9:30

A Live Surgery 1 · ACLR + Meniscus + ALL **LIVE · HALL A**

9 – 10:30

B PG / Fellow / Junior Consultant Papers

9:30 – 11

A ACL Session

The Art and Science of Graft Preparation · Hamstring vs BTB vs Quad vs Peroneals: The Autograft War · Graft choice in Challenging situations - Choosing the right Graft in 2026 · Graft Augmentations - Biologic and synthetic · Femoral Tunnel in ACLR: Evidence, Pearls, and Avoiding Errors · Concepts of ACLR in Female Athletes · Additional procedures to ACLR - routine, selective, or unnecessary? · When ACL Reconstruction Fails: A Practical Workflow for Revision Surgery · Intraoperative complications during ACLR surgery - How to avoid / bailout? · Panel Discussion on ACL Reconstruction

10:30 – 12:30

B Orthobiologics & Cartilage

11 – 11:30

A Live Surgery 2 · Revision ACL / LET **LIVE · HALL A**

11:30 – 12:30

A Save the Meniscus: From Principles to Precision Repair

Anatomy and biomechanics of meniscus. Save every meniscus? · All-Inside Meniscal Repair: The Contemporary Workhorse -Relive · The Timeless Techniques: Inside-Out and Outside-In Repairs Revisited - Relive · The Hidden Meniscus: Root Tears and Ramp Lesions - Relive Root · Beyond Simple Tears: My Algorithm for Complex Meniscal Tears · Radial Tear repair Re-live · Panel Discussion: Meniscus Crossfire: Debate • Discuss • Decide Interactive panel on difficult cases and real-world controversies.

12:30 – 1

Inauguration

1 – 1:30

★ IAS Oration **ORATION**

1:30 – 2

Lunch



DAY 1 · 18 JULY 2026 · SATURDAY · AFTERNOON SESSIONS

Knee & Sports Medicine.

A Hall A · Knee **B** Hall B · Papers, Orthobiologics, Wrist & Elbow Halls A & B run in parallel

2 – 2:15

A **Patella Instability — The 15° Flexion Critical Angle**

2 – 5

B **Wrist & Elbow Arthroscopy**

2:15 – 3:30

A **Multiligament Injuries of Knee**

Reading the Injured Knee: Clinical and Radiological Assessment of Multiligament Injuries · Mastering the PCL: Arthroscopic Pearls and Pitfalls in Reconstruction · The Forgotten Corner: PLC Surgical Anatomy for the Arthroscopy Surgeon · PLC Management in 2026: Repair, Reconstruction or Augmentation? · The Medial Side Dilemma: MCL—Conserve, Repair, or Reconstruct? · Panel Discussion - Putting It All Together: An Algorithmic Approach to the Multiligament-Injured Knee

3:30 – 4:00

A **Live Surgery 3 · PCL / Multiligament** **LIVE · HALL A**

4:00 – 4:30

A **Mastering Patellar Instability: Evaluate • Align • Stabilise**

Decoding Patellar Instability: Clinical and Radiological Assessment · Soft Tissue Stabilisation: Getting Patellar Instability Surgery Right · Beyond the MPFL: TTO and Trochleoplasty—Who Needs What?

4:30 – 5

A **Live Surgery 4 · HTO + ACL / Meniscus** **LIVE · HALL A**

5 – 6

A **Osteotomies**

The Science of Realignment: Principles and Types of Osteotomies Around the Knee · High Tibial Osteotomy: Indications, Planning, and Execution · Beyond Coronal Alignment: Osteotomy in ACL & PCL Deficient Knees · Double Level Osteotomy - When and How? · Osteotomy Crossfire: Debate • Discuss • Decide

5 – 6

B **Consultant Gold Medal Paper**

6 – 6:30

General Body Meeting

6:30 – 7:30

Workshops

7:30 – 11

Gala Dinner



DAY 2 · 19 JULY 2026 · SUNDAY · MORNING SESSIONS

Shoulder & Sports Medicine.

A Hall A · Shoulder **B** Hall B · Systems, Hip, Ankle Halls A & B run in parallel

9 – 9:30

A **Shoulder Basics**

Shoulder Examination · Positioning and Portals · 15 Point Diagnostic Arthroscopy · Clinical and Radiological Assessment of Recurrent Instability

9 – 10:30

B **Arthroscopy Systems — Setup & Technology**

9:30 – 10

A **Live Surgery 1 · Bankart ± Remplissage** **LIVE · HALL A**

10 – 11

A **Instability / Labrum Session**

The Perfect Bankart: Getting Labral Repair Right · The Off-Track Shoulder: Bone Loss, Hill-Sachs and the Role of Remplissage · The Hidden Instabilities: SLAP Lesions, Paralabral Cysts and HAGL · Beyond Bankart: Multidirectional Instability and Chronic Locked Posterior Dislocation · Panel Discussion: When Instability Returns - Failed Stabilisation and Recurrent Instability

10:30 – 12

B **Hip Arthroscopy**

11:30 – 12

A **Live Surgery 2 · Cuff Repair ± Patch** **LIVE · HALL A**

12 – 1

A **Rotator Cuff Session**

Seeing Beyond the MRI: Clinical and Imaging Pearls in Rotator Cuff Tears · Partial-Thickness Tears: Evidence, Controversies, and Decision-Making · Complete Tears - Know the Pattern, Win the Repair: Strategies for Complete Cuff Tears · Biomechanics Meets Outcomes: Which Repair Configuration Wins? · Beyond Repair: When and How to Augment Rotator Cuff Healing · Subscapularis Repair - Relive · The Cuff Conclave: Pearls, Pitfalls, and Practice-Changing Decisions · Double Row Cuff repair

1 – 1:30

★ **TAS Oration** **ORATION**

1:30 – 2

Lunch**Techniques and Technology**



DAY 2 · 19 JULY 2026 · SUNDAY · AFTERNOON SESSIONS

Shoulder & Sports Medicine.

A Hall A · Shoulder **B** Hall B · Systems, Hip, Ankle Halls A & B run in parallel

2 – 3

A Frozen Shoulder + Scapulothoracic Joint

Classification and Management of Scapular Dyskinesia · Clinical Evaluation and Imaging of Scapular Disorders: What Matters to the Surgeon? · Arthroscopic and Endoscopic Approaches to Scapulothoracic Disorders · Evidence-Based Nonoperative Management of Frozen Shoulder · Arthroscopic Capsular Release: Indications and Technique · Frozen Shoulder - What works in which stage in 2026?

2 – 3:30

B Ankle Arthroscopy

3 – 3:30

A Live Surgery 3 · Open Latarjet / Tendon Transfer **LIVE · HALL A**

3:30 – 4:30

A When the Cuff is Beyond Repair: Strategies for the Irreparable Shoulder

The Massive Cuff Tear: Defining Reparability and Choosing the Right Option · Superior Capsular Reconstruction: Indications, Technique, and Current Evidence · Muscle Slides and Margin Convergence: Extending the Limits of Repair · Tendon Transfers: Restoring Function When Repair Is Not Possible · Patch Augmentation and Bridging Reconstruction: Enhancing Biology and Mechanics · Reverse Shoulder Arthroplasty: The Final Frontier for the Irreparable Cuff

3:30 – 4:30

B Learning Opportunities for Juniors

4:30 – 5

A Live Surgery 4 · Reverse Shoulder **LIVE · HALL A**

5 – 6

Quiz

Learning opportunities for juniors · Prize Distribution · Closing Ceremony



CALL FOR ABSTRACTS

Submit your research for **TASCON 2026.**

Original, unpublished work in arthroscopy & sports medicine — abstracts up to 250 words, in Word format (.doc/.docx).

PRESENTATION CATEGORIES



PRIORITY

Postgraduate

PG students — given priority in the scientific programme.

**Junior Consultant / Fellow**

Up to 5 years since post-graduation.

**Senior Consultant**

More than 5 years since post-graduation.



AWARDS & RECOGNITION

Exciting prizes in all categories!

Best paper & poster awards across every presentation category.

HOW TO SUBMIT



SUBMISSION TYPES

Free Paper

Oral presentation

E-Poster

Displayed on LCD



GUIDELINES

- ✓ Max 250 words · Word format (.doc / .docx)
- ✓ Original, unpublished & not presented elsewhere
- ✓ Conference registration mandatory for all presenters

SUBMIT IN 4 STEPS

1 Register → 2 Log In → 3 Abstracts tab → 4 Upload

Submit onlinetascon2026.com/abstracts**Register & submit abstracts at tascon2026.com**

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DEBATE · DISCUSS · DECIDE



REGISTRATION FEES

Secure your seat at **TASCON 2026.**

CATEGORY	EARLY BIRD Up to 31 May 2026	REGULAR 1 – 30 June 2026
TAS Member	₹5,000 CLOSED	₹6,500
Non-TAS Member *	₹7,000 CLOSED	₹8,500
Post-Graduate	₹2,500 CLOSED	₹4,000
Accompanying Person	₹3,000 CLOSED	₹4,000

* Free TAS Life Membership included with every Non-TAS Member registration. For the latest updates and on-spot rates, please visit tascon2026.com.



CONFERENCE DATES

18 – 19 July 2026 · Saturday to Sunday



VENUE

Hotel Daspalla, Jubilee Hills, Hyderabad



INCLUDES

Scientific sessions, workshops, lunches & conference kit



QUERIES

contact@tascon2026.com · +91 79933 13915



Scan to Register

tascon2026.com/register



Register & submit abstracts at tascon2026.com

18 – 19 July 2026 · Hotel Daspalla, Jubilee Hills, Hyderabad

DEBATE · DISCUSS · DECIDE



THE VENUE

Hotel Daspalla

A prestigious 4-star hotel with modern conference facilities in the heart of Jubilee Hills.

LOCATION

Hotel Daspalla
Road No 37, Jubilee Hills
Hyderabad, Telangana 500033
India

FACILITIES

- Modern conference halls
- Banquet & meeting rooms
- In-house multi-cuisine dining
- Wi-Fi & full AV equipment
- Ample parking

HOW TO REACH

- ~30 min from Rajiv Gandhi Int'l Airport
- Close to Hi-Tech City
- Well connected by road & metro
- Wheelchair accessible

GET IN TOUCH



CONFERENCE MANAGER
Ms. Lakshmi Prabha



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+91 79933 13915



EMAIL
contact@tascon2026.com



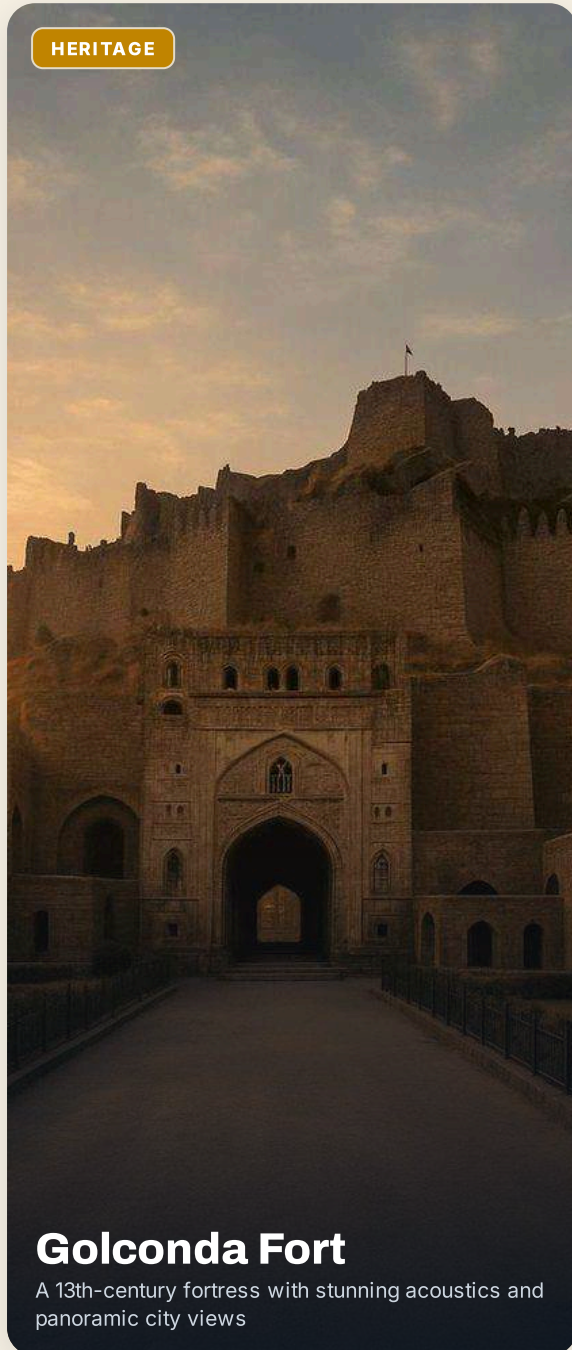
WEBSITE
tascon2026.com



Hyderabad, City of Pearls.

While you're here for TASCON 2026, discover the rich heritage and vibrant culture of the twin cities — between sessions and after hours.

HERITAGE



LANDMARK



CULTURAL



ENTERTAINMENT



SPIRITUAL



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**Telangana Arthroscopy
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